

Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: Monica Simon and John Pandiani

DATE: April 30, 2004

RE: Type of Service to Community Rehabilitation and Treatment Clients

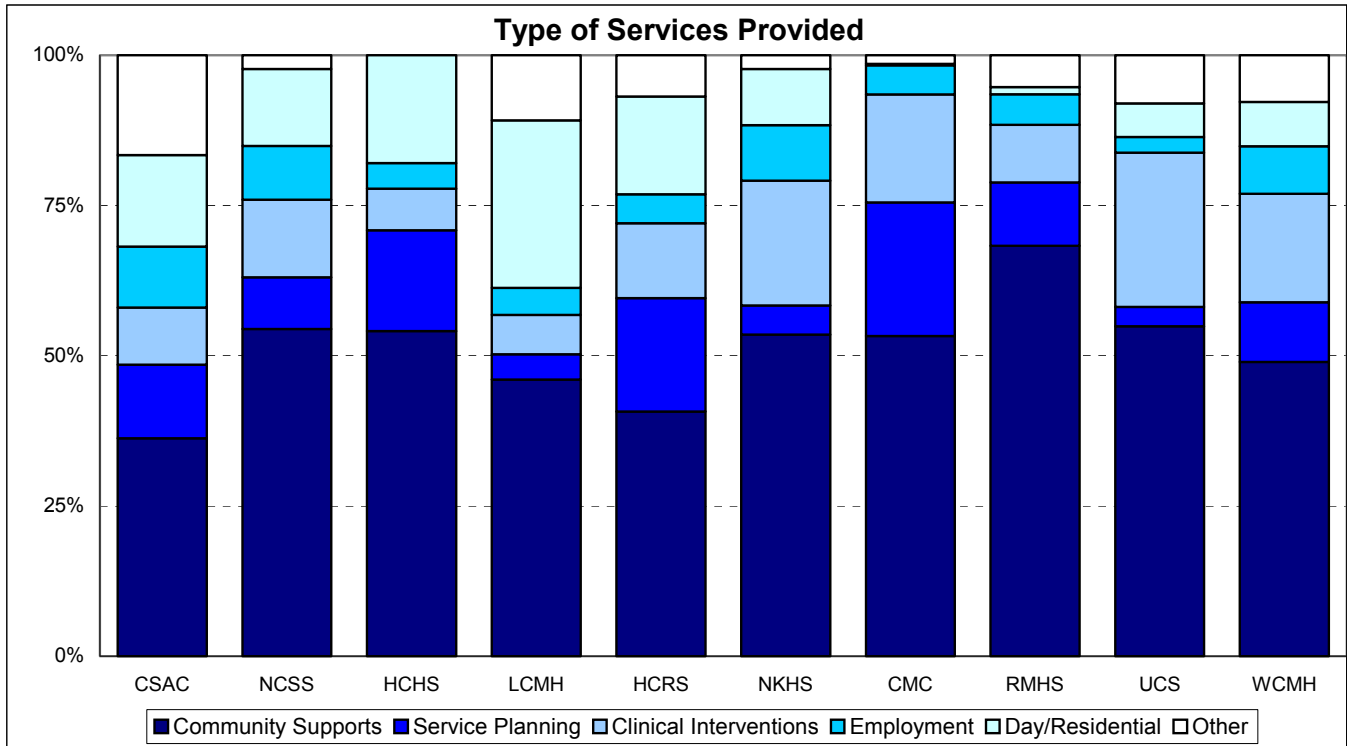
This is the first in a series of PIP reports that presents information on the type of services provided to clients in Community Rehabilitation and Treatment (CRT) Programs for adults with serious mental illness. This PIP provides an overview of the volume of service provided in six service categories: community supports, service planning, clinical interventions, vocational, day/residential services, and other services (see attached for category definitions). Data used in this analysis were extracted from Monthly Service Report (MSR) files submitted to DDMHS by designated community mental health service providers.

Statewide, half of the services provided to CRT clients are community supports. Clinical interventions, service planning, and day/residential services each account for about 12% of the services provided to CRT clients. Only 6% of the services provided to CRT clients are employment services.

Type of service provided to CRT clients varied considerably from agency to agency. Community supports accounted for less than 40% of the services provided to CRT clients at CSAC while community supports accounted for almost 70% of the services provided to CRT clients at RMHS. Service planning services ranged from 3% of the services provided at UCS to 22% of the services provided at CMC. Clinical intervention services ranged from 7% of the services provided (HCHS and LCMH) to 26% of the services provided (UCS). CMC and RMHS provide very few day/residential services while almost 30% of the services provided at LCMH are day/residential services.

We look forward to your comments, questions, and suggestions for further analysis of data regarding the types of services provided by different treatment programs. As always, you can reach us at 802-241-2638 or by e-mail to pip@ddmhs.state.vt.us.

Type of Services Provided
Community Rehabilitation and Treatment Clients
 By Provider: FY 2003



Provider	Type of Services Provided												
	Community Supports		Service Planning		Clinical Interventions		Employment		Day/Residential Services		Other		Total
	#	%	#	%	#	%	#	%	#	%	#	%	#
Total	233,401	50%	55,736	12%	61,675	13%	28,608	6%	57,145	12%	27,013	6%	463,578
CSAC	11,904	36%	4,024	12%	3,120	10%	3,319	10%	4,997	15%	5,459	17%	32,823
NCSS	22,879	54%	3,611	9%	5,422	13%	3,750	9%	5,375	13%	965	2%	42,002
HCHS	39,654	54%	12,289	17%	5,078	7%	3,102	4%	13,163	18%	0	0%	73,286
LCMH	18,154	46%	1,664	4%	2,574	7%	1,784	5%	10,993	28%	4,278	11%	39,447
HCRS	29,574	41%	13,752	19%	9,044	12%	3,509	5%	11,801	16%	5,006	7%	72,686
NKHS	17,522	53%	1,601	5%	6,792	21%	3,028	9%	3,066	9%	746	2%	32,755
CMC	14,968	53%	6,245	22%	5,039	18%	1,371	5%	69	0%	397	1%	28,089
RMHS	26,002	68%	4,006	11%	3,653	10%	1,936	5%	459	1%	2,005	5%	38,061
UCS	14,949	55%	878	3%	6,990	26%	710	3%	1,526	6%	2,176	8%	27,229
WCMH	37,795	49%	7,666	10%	13,963	18%	6,099	8%	5,696	7%	5,981	8%	77,200

Analysis includes adults who were assigned and served by Community Rehabilitation and Treatment Programs. "Other" includes emergency services, consultation, education, and advocacy services, partial hospitalization, respite, and transportation services. For detailed explanation on these types of service, see the notes in the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf)

Community Supports

Community Supports include specific, individualized and goal-oriented supports, which assist individuals (and families) in developing the skills and social supports necessary to promote positive growth. These supports may include assistance in daily living, supportive counseling, support to participate in community activities, collateral contacts, and building and sustaining healthy personal, family and community relationships. Community supports may further include family education, consultation and training services.

Service Planning and Coordination

Service Planning and Coordination assists individuals and their families in planning, developing, choosing, gaining access to, coordinating and monitoring the provision of needed services and supports for a specific individual. Services and supports include discharge planning advocacy and monitoring the well being of individuals (and their families), and supporting them to make and assess their own decisions.

Clinical Interventions

Clinical interventions includes: assessment, therapeutic, medication or medical services provided by clinical or medical staff, including a qualified clinician, therapist, psychiatrist or nurse. These include individual, family and group therapy; psychotherapeutic services; medication and medical support and consultation services; and clinical assessment.

Employment Services

Employment Services assist transition age youth and adults in establishing and achieving career and work goals. These services consist of four component parts: employment assessment, employer and job development, job training, and ongoing support

Day/Residential Services

Day/Residential Services include day services, housing and home supports, and residential services.

Other

Other services include crisis services, partial hospitalization, emergency/crisis assessment, support and referral, emergency beds, and respite services.

For a more detailed explanation on any of these service categories refer to the notes section of the annual statistical report (www.ddmhs.state.vt.us/docs/dept/annual-stats/2003statWebnotes.pdf).